

UNIFORMS

UNIFORM REMINDERS:

- Any provided patches need to be sewn on by the test for orange belt
- Uniforms should be worn to every class
- Keep uniforms clean and in good repair
- Do not wash belts
- If uniform needs straightening or adjustment during class, turn away from all black belts, seniors, and the flags
- Do not wear jewelry or accessories that could interfere with training (necklaces, rings, watches, earrings, etc.)
- Short sleeve t-shirts or tank tops are allowed under uniforms. No visible collars, sleeves, or pants should be showing under uniforms



HOW TO TIE A TAEKWONDO BELT

