

# Tiny Tigers Minimum Requirements for Promotion

All students are assessed for potential rank promotion at the end of each 2-month training session. Students meeting the requirements will automatically promote to the next rank during the last week of the session. The minimum requirements for promotion at each rank are listed below for reference.

White	Yellow
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Front kick with hands up</li> <li>Board Break: Stomp kick (assisted)</li> <li>Golden Word: 1 time</li> <li>Safety Fact: One parent's first and last name</li> <li>Korean Word: DOBOK = uniform</li> <li>Tenet: COURTESY = Be Nice</li> </ul>	

Yellow	Orange
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Front kick, knee up first, hands up. Place kicking foot back down in a front stance.</li> <li>Board Break: Stomp kick</li> <li>Golden Word: 1 time</li> <li>Safety Fact: One parent's cell phone number</li> <li>Korean Word: DOJANG = training hall</li> <li>Tenet: INTEGRITY = Do Right</li> </ul>	

Orange	Low Green
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Middle punch, starting from the belt, with a loud yell</li> <li>Board Break: Step side kick</li> <li>Golden Word: 1 time</li> <li>Safety Fact: Home address</li> <li>Korean Word: KYUNG YEH = bow</li> <li>Tenet: PERSEVERANCE = Keep Trying</li> </ul>	

Low Green	High Green
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Inside out crescent kick. All kicks consistently above the belt</li> <li>Board Break: Hammer fist</li> <li>Golden Word: 1 time</li> <li>Safety Fact: Safe strangers: (1) mom with kids, (2) someone in a uniform, (3) someone working, (4) person who looks like a grandparent</li> <li>Korean Word: CHUNBEE = ready position</li> <li>Tenet: SELF-CONTROL = Control yourself (mind and body)</li> </ul>	

High Green	Low Blue
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Palm strike, opposite hand returns to the hip</li> <li>Board Break: Palm strike</li> <li>Golden Word: 1 time</li> <li>Safety Fact: Explain NO-GO-YELL-TELL</li> <li>Korean Word: CHARAYHET = attention</li> <li>Tenet: INDOMITABLE SPIRIT = Be Strong (mind and body)</li> </ul>	

Low Blue	High Blue
<ul style="list-style-type: none"> <li>Attendance: 6 classes</li> <li>Skills: Crescent walk with low block, good front stance, single step only</li> <li>Board Break: Reverse elbow strike</li> <li>Golden Word: 1 time</li> <li>Respect Fact: Mom's birthday</li> <li>Korean Word: DOHRAS = turn around</li> <li>Tenet: Recite all tenets (Courtesy, Integrity, Perseverance, Self-Control, Indomitable Spirit)</li> </ul>	

High Blue	Brown
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Side kick, turning (not stepping) on front foot, hands up, eyes on target</li> <li>• Board Break: Back leg side kick</li> <li>• Golden Word: 1-2 times</li> <li>• Respect Fact: Dad's birthday</li> <li>• Korean Word: KAHM SA HAMNIDA = thank you</li> <li>• Tenet: COURTESY = Recite all tenets and definitions</li> </ul>	

Brown	Brown 1 Stripe
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Rising block, not resting arm on head, opposite hand returns to hip, good front stance</li> <li>• Board Break: Palm strike (no assist)</li> <li>• Golden Word: 1-2 times</li> <li>• Respect Fact: Mrs. Manwell's birthday (June 10)</li> <li>• Korean Word: SI JAK = go</li> <li>• Counting: Count to 10 in Korean</li> </ul>	

Brown 1 Stripe	Brown 2 Stripes
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Inside-out block, opposite hand returns to hip, good front stance</li> <li>• Board Break: Hammer fist (no assist)</li> <li>• Golden Word: 1-2 times</li> <li>• Respect Fact: Mr. Manwell's birthday (Oct. 24)</li> <li>• Korean Word: GOMAN = stop / return</li> <li>• Counting: Count to 20 in Korean</li> </ul>	

Brown 2 Stripes	Brown 3 Stripes
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Outside-in block, opposite hand returns to hip, good front stance</li> <li>• Board Break: Step side kick (no assist)</li> <li>• Golden Word: 2-3 times</li> <li>• Safety Fact: Review all safe strangers</li> <li>• Korean Word: PIL-SUNG = certain victory</li> <li>• Tenet: Review all tenets and definitions</li> </ul>	

Brown 3 Stripes	Red
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Review all prior skills</li> <li>• Board Break: Back leg side kick (no assist)</li> <li>• Golden Word: 2-3 times</li> <li>• Safety Fact: Explain and show NO-GO-YELL-TELL</li> <li>• Korean Word: Review all Korean words</li> <li>• Tenet: Review all tenets and definitions</li> </ul>	

Red	Black
<ul style="list-style-type: none"> <li>• Attendance: 6-12 classes</li> <li>• Skills: Consistent in all prior skills. Hands up, loud yells, good stances. Sets a good example in class.</li> <li>• Board Break: Flying side kick</li> <li>• Golden Word: 2-3 times</li> <li>• Safety &amp; Respect Facts: Safe strangers, NO-GO-YELL-TELL, all birthdays.</li> <li>• Korean Word: All prior Korean terms. Count to 30 in Korean.</li> <li>• Tenet: Recite all tenets and definitions. Consistently demonstrate tenets in class.</li> </ul>	