

### Counting in Korean

1 – Hana	2 – Deul	3 – Set	4 – Net	5 – Daset
6 – Yaset	7 – Ilgop	8 – Yeoldeol	9 – Ahop	10 - Yeol

### Tenets of Taekwondo

- Courtesy = Be Nice
- Integrity = Do Right
- Perseverance = Keep Trying
- Self-Control = Control Your Body
- Indomitable Spirit = Be Strong

### Safe Strangers

- A Mom with kids
- Grandparents
- Someone working
- Someone in uniform

### Birthdays

- Mom / Dad
- Instructors (Mrs. Manwell - June 10, Mr. Thomas - November 22)
- Mr. Manwell (October 24)
- Grandmaster Sledge (March 9)
- Grandmaster Jung (February 20)
- Taekwondo (April 11)

Students should know their address, phone number, and when to dial 911

### Red Belt Test

- Form – First half of Chon-Ji and definition “19 movements, means literally Heaven and Earth”
- Board Break – back leg side kick

### Black Belt Test

- Form - All of Chon-Ji and definition “19 movements, means literally Heaven and Earth and in the orient is interpreted as the creation of the world and the beginning of human history.”
- Board Break – flying side kick and reverse elbow
- Good Guy / Bad Guy (White belt 1-step #1)
- Paper – Student should write a paragraph, handwritten, stating what they have learned and enjoyed from taking Tiny Tigers classes. One or both parents should write one page explaining what their child has learned and how their child benefited from taking the Tiny Tigers classes.